

Downe Cottages – Meals at Downe

Breakfast Baskets

The Continental Breakfast Basket contains home made fruit salad, muesli, traditionally baked bread, home made marmalade, natural yoghurt, squeezed orange juice, butter, semi-skimmed milk, speciality teas and filter coffee.

The English Breakfast Basket contains two free-range eggs, two rashers of locally cured bacon, tomato and mushrooms, traditionally baked bread, home made marmalade, squeezed orange juice, butter, semi-skimmed milk, speciality teas and filter coffee. (Plus olive oil for cooking!)

The cost of a Breakfast Basket is £8 per person. Please place your order by 10.00am on the day preceding.

Meals In Your Cottage

Our menu offers our guests a choice of dishes that can be enjoyed as single dishes or combined as a two or three course dinner.

The meals arrive in oven to table crockery and are placed in your cottage in the afternoon. All you have to do is pop any dishes that require finishing before serving into the oven for the appropriate time. The meals come with cooking times and temperatures which have been tried and tested by Lynda in the cottage ovens. After cooking you remove the tin foil and pop the dish or dishes onto the table. Our meals are to a lovely standard and we get many plaudits from our visitors about the quality of the food served in the cottages.

We have selected the range of dishes available so that you can create lovely two or three course dinners e.g.

Starter

Salmon Mousse

Entrée

Beef in a Brandy, Cream & Peppercorn Sauce
Potato Gratin
Red Cabbage

Dessert

Chocolate Sponge Pudding

With a selection of fresh baked rolls.

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### Starter

Baked Seafood Cobbler

### Entrée

Chicken Casserole  
Carrot & Onions cooked in butter  
Duchesse Potatoes

### Dessert

Lemon Posset

*With a selection of fresh baked rolls.*

Our curry suppers are great fun and the following is a sample meal for two people:

Curry Main Course  
 Chicken Tikka Masala  
 Vegetable Balti  
 Cardamom Rice  
 Dahl

Dessert  
 Fresh Fruit Salad

Alternatively, you can choose to have just an entrée and add the vegetables and desserts from your own fridge. We have made the menu as flexible as we can.

The choice of dishes is set out below. All we need is a little warning – so we ask you to order from us at the latest by ten in the morning of the day on which you wish to have dinner in your cottage. If you would like a meal on your first night (a very sensible choice so that you can totally relax on your first evening after your journey down to Downe) just order when you complete the Arrival Advice Form or phone or email ahead so that your meal can be waiting for you in your cottage on arrival. (Similarly, a Breakfast Basket for the first morning makes great sense.)

## All the Meals Available

Each portion is for one person except the Vegetables which are for two

### Starters

|                                                                                                                                           |       |
|-------------------------------------------------------------------------------------------------------------------------------------------|-------|
| Country Pate (Chicken Liver & Sage Pate topped with fruit chutney and a mulled wine glaze)                                                | £4.00 |
| Salmon Mousse (Salmon terrine wrapped in smoked salmon with soft centre of smoked salmon mousse and cream cheese)                         | £4.00 |
| Baked Seafood Cobbler (A pot of haddock, salmon and prawns in a white wine, leek and mushroom sauce, topped with a cheese cobble crumble) | £4.00 |
| Carrot and Coriander Soup                                                                                                                 | £4.00 |
| Broccoli & Stilton Soup                                                                                                                   | £4.00 |
| Selection of Fresh Baked Rolls (2 rolls per person)                                                                                       | £1.00 |

### Entrees

|                                                                                                                                                     |       |
|-----------------------------------------------------------------------------------------------------------------------------------------------------|-------|
| Liver & Onion Casserole (Lamb's liver of course! Welsh lamb only.)                                                                                  | £6.00 |
| Baked Salmon (Salmon fillets cooked in butter & lemon)                                                                                              | £6.00 |
| Beef in a Brandy, Cream & Peppercorn Sauce                                                                                                          | £6.00 |
| Butternut Squash & Ginger Bake (Butternut squash and spinach in a tomato and ginger sauce with breadcrumbs, cheese and parsley)                     | £6.00 |
| Leek Risotto                                                                                                                                        | £6.00 |
| Brie, Courgette & Almond Crumble (Creamed Brie sauce with layers of potato and courgette topped with breadcrumbs, almonds and sesame seed crumble.) | £6.00 |
| Chicken Casserole (Fillet of chicken in white wine sauce with courgettes, mushrooms, tomatoes, leeks and herbs)                                     | £6.00 |
| Fish Pie (Hake, salmon, king prawns, smoked haddock in a creamy leek sauce topped with mashed potato & grated cheddar cheese)                       | £7.00 |

### Potatoes (For Two People)

|                                                                              |       |
|------------------------------------------------------------------------------|-------|
| Potato Gratin (Potato with cheese & butter – a bit like Dauphinoise Potato.) | £5.00 |
| Duchesse Potatoes                                                            | £5.00 |

### Vegetables (For Two People)

|                                                                                |       |
|--------------------------------------------------------------------------------|-------|
| Roasted Root Vegetables (A selection of in season root vegetables and peppers) | £5.00 |
| Carrot and Onions (Cooked in butter)                                           | £5.00 |
| Traditional Braised Red Cabbage with Apples                                    | £5.00 |
| Mixed Green Salad (A mixture of fresh green salad from our garden)             | £5.00 |

### Curries

|                                               |        |
|-----------------------------------------------|--------|
| Beef Madras                                   | £6.00  |
| Chicken Tikka Masala                          | £6.00  |
| Lamb Rogan Josh                               | £6.00  |
| Vegetable Tikka Masala                        | £5.00  |
| Plain Dahl (lentils)                          | £5.00  |
| Cardamom Rice (Cooked with Cardamom & Gloves) | £4.00  |
| Plain Rice                                    | £4.00  |
| Mango Chutney (per person size portion)       | £0.50p |

### Desserts

|                          |       |
|--------------------------|-------|
| Chocolate Sponge Pudding | £4.00 |
| Black Currant Surprise   | £4.00 |
| Lemon Posset             | £4.00 |
| Fresh Fruit Salad        | £4.00 |
| Syrup Sponge Pudding     | £4.00 |

Selection of Fresh Baked Rolls (2 rolls per person) £1-00

*(The menu does change from time to time so guests should always order their meal from the menu sent with the booking confirmation.)*

## Ordering Your Food

The order for your dinner must be given to Reception by 10.00am on the day you wish to have the meal in your cottage. The order for your Breakfast Baskets must be given to Reception by 10.00am on the day before (i.e. so it is your cottage when you wake up).

You can order your meal for your first night and your Breakfast Baskets for your first morning by phone or email provided that they are received prior to 10.00am on the day of your arrival. You can also order your meal for your first evening and your Breakfast Baskets for your first morning by completing the Arrival Advice Form that will be sent to you when we confirm your cottage booking.